



What is R.O.C.K.

Random Outbreaks of Community Kindness

- A serving opportunity for people of all ages!
- Use small items or acts of service to make relationship with your neighbors
- Make direct invitation to your Church

R.O.C.K. Ideas

- Go to parks and hand out- water, popsicles, chalk, etc...
- Hand out dog treats at a dog parks
- Take board games to nursing homes and spend time with residents
- Blessing bags for local businesses, schools, or first responders